

# Testimonials

- "In 2021, we met Sophie while our loved one was hospitalized. Once at home, we reconnected with her and continued with private Telehealth sessions. Our son is very social, loves people, music, and rhythm. His medical condition and other circumstances do not allow him to be out and about. Through her music, Sophie has built a trusting and caring connection with our son; their interactive sessions are opportunities for our son to express his emotions. We are happy to have found Sophie, her guitar, and her voice."
- "I am the mother of an incredibly medically complex miracle baby. Sophie is a ray of sunshine for our family who comes not only with great musical talents, but such compassionate tender support to our entire family. Music therapy with Sophie continues to be a tremendous gift to us. I love how music therapy soothes, heals, and addresses SO many needs- one being an opportunity to hone in on skills learning/building in PT, OT and speech services, and reinforce those teachings in our music therapy sessions. We also love how Sophie uses music to allow our family to tap into positive affirmations and gratitude practices."



For more information, contact:  
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## About Sophie:

Sophie Adelman is a Board-Certified Music Therapist and a proud owner of Tuned Therapy. Sophie graduated with a Bachelor of Music in Music Therapy and a minor in Psychology from Berklee College of Music. Her practicum experiences at Massachusetts General Hospital, Tufts Medical Center, Eliot Early Intervention Center, Uphams Elder Services, as well as a 6-month internship at UCLA Mattel Children's Hospital have presented her with invaluable opportunities to work with diverse populations and clients with complex medical needs. These experiences have allowed Sophie to tailor Music Therapy interventions to meet the specific needs of individual patients, fostering a supportive and empowering environment.



HOPE TO  
CONNECT  
SOON!

