

Tuned TherapySM

Music is Medicine

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What is Music Therapy?

Music therapy is the use of musical experiences to help clients address non-musical and functional goals. The music therapist is board certified, and with the use of instruments like voice, guitar, piano, and percussion, the therapist is able to adapt different techniques to help clients reach new independent goals. Music therapy addresses physical, emotional, cognitive, and social needs of individuals.

Who benefits from Music Therapy?

- Autism Spectrum Disorder (ASD)
- Children Behavioral Health
- Neurological Rehabilitation
- Special Education
- Down Syndrome
- Cerebral Palsy
- Brain Injury

This is just a brief list - Many more populations benefit from this unique service.

Common Goals

- Normalization of environment
- Fine/Gross motor skills
- Pain Management
- Communication
- Coping skills
- Social skills
- Depression
- Self-esteem
- Anxiety



Music Therapy Domains

- Cognitive
- Communication
- Emotional
- Musical
- Physiological
- Psychological
- Sensorimotor
- Spiritual